



PRIMARY CROSS COUNTRY CHAMPIONSHIPS 2023

at
Miranda Park, The Boulevard de Miranda

Thursday 15 June 2023

Participating Zones

BALMAIN
EASTERN SUBURBS
INNER WEST
SYDNEY COASTAL

BOTANY BAY
ENGADINE
SOUTH SYDNEY
WESTERN SUBURBS

CRONULLA
GEORGES RIVER
SUTHERLAND
WILEY PARK

WELCOME

On behalf of the Sydney East Primary Schools Sports Association I welcome you to the 2023 Cross Country Championships. To reach this level of competition the boys and girls have already proven themselves to be athletes of considerable potential as the Sydney East PSSA comprises 12 sporting zones and 180 Primary Schools.

At the conclusion of today's championships 6 students in each age event will be selected to represent Sydney East at the NSW Championships at Sydney Motorsport Park, Ferrers Rd, Eastern Creek on Friday 21 July 2023.

Thank you to Justin Mealing, Cronulla PS and Jo Williamson, Cronulla PS for their efforts in organising today's event.

I hope all visitors enjoy the friendship and competition of the Cross Country Championships.

Steve Mead
President
Sydney East PSSA

ACKNOWLEDGEMENTS

The Association would like to thank the following people for their help and support in the organisation of this Championship.

- * Port Hacking High School
- * Visiting Principals, Teachers of Sydney East PSSA

SYDNEY EAST ASSOCIATION
Apparel will be on sale (Red, White and Blue)

facebook.com/sydneyeastschoolsport

RULES

The Championship Managers reserve the right to adjust the program.

1. Suitable footwear must be worn - NO SPIKES.
2. Competitors must be members of a Zone Team.
3. Age: As per age turned during the current year.
NB: a) Children are eligible to compete in one event only
b) Children must turn 8 in 2023 to be eligible to compete.
4. The first 6 placegetters in each event will represent the Association at the NSWPSSA Cross Country Championships to be held at Eastern Creek Sydney Motorsport Park on Friday 21 July 2023. Three Multi Class competitors will be selected in each age category if qualifying times are met.
5. Competitors are required to be available to marshal 30 minutes prior to the scheduled start of the event.
6. Coaching and pacing during the event is not permitted. Pacing in races by persons not participating in the same race should be warned by the referee. If there is any repetition, the athlete will be disqualified from the event.
7. The Multi Class competitors who meet qualifying times may apply to compete at the Sydney East Cross Country Championships.
8. Protests must be delivered in writing by the Zone Manager to championship management within fifteen (15) minutes of the conclusion of the event.
9. Video footage of the events will not be accepted in any protests.

<https://app.education.nsw.gov.au/sport/>

Please be aware that the media exposure at this event may result in your child's name, school details and/or photograph appearing in a Newspaper or on the School Sport Unit Website - <https://app.education.nsw.gov.au/sport/>

If you have a concern with this occurring, please contact the team management or Executive Officer.

SYDNEY EAST PRIMARY CROSS COUNTRY

Date: Thursday 15 June 2023

Venue: The Boulevard, Miranda Park, Miranda

Program: 8.30am Walk of the Course

8/9yrs	Girls	2000m
8/9yrs	Boys	2000m
10yrs	Girls	2000m
10yrs	Boys	2000m
11yrs	Girls	3000m
11yrs	Boys	3000m
12/13yrs	Girls	3000m
12/13yrs	Boys	3000m

SYDNEY EAST SSA CROSS COUNTRY – Miranda Park

